# Regiocrit. OVL Dag2: Session: 1: Startlist per athlete for TEAM: SOS

**Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!**

**Coaches: Van de Capelle Elke HEADCOACH**

**PB => Personal Best time**

## Athlete: BULCKAEN TUUR

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 100M FREESTYLE MEN 11+ | 5 | 3 | 6 | 01:31.37 | no time | 15:05 | 00:35 |
| 400M FREESTYLE MEN 11-12 | 7 | 2 | 5 | no time | no time | 15:40 | |

## Athlete: CLAEYS SEBA

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 200M MEDLEY MIXED 10-9 | 1 | 2 | 6 | no time | no time | 14:05 |

## Athlete: CONRADIE BEAH

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 100M FREESTYLE WOMEN 11+ | 4 | 5 | 4 | 01:19.07 | 01:19.98 | 14:45 | 01:20 |
| 400M FREESTYLE WOMEN 11-12 | 8 | 1 | 3 | no time | 06:15.25 | 16:05 | |

## Athlete: DE BAERE AUKE

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 50M BACKSTROKE WOMEN 11+ | 2 | 5 | 1 | no time | no time | 14:15 | 00:35 |
| 100M FREESTYLE WOMEN 11+ | 4 | 9 | 1 | 01:12.17 | 01:12.66 | 14:50 | 03:00 |
| 200M MEDLEY WOMEN 11+ | 10 | 13 | 4 | 02:57.39 | 03:04.90 | 17:50 | |

## Athlete: DE CONINCK MAXIME

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 50M BACKSTROKE MEN 11+ | 3 | 3 | 1 | no time | no time | 14:30 | 00:40 |
| 100M FREESTYLE MEN 11+ | 5 | 5 | 2 | 01:16.40 | 01:20.22 | 15:10 | 00:45 |
| 400M FREESTYLE MEN 11-12 | 7 | 4 | 4 | 05:40.26 | 06:35.55 | 15:55 | 00:45 |
| 200M MEDLEY MEN 11+ | 9 | 6 | 4 | 03:05.79 | 03:24.40 | 16:40 | |

## Athlete: DIERICKX DAAN

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 100M FREESTYLE MEN 11+ | 5 | 1 | 3 | no time | no time | 15:00 | 00:40 |
| 400M FREESTYLE MEN 11-12 | 7 | 2 | 2 | no time | no time | 15:40 | |

## Athlete: HAYAN ALICIA

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 100M FREESTYLE WOMEN 11+ | 4 | 2 | 5 | 01:26.83 | no time | 14:40 | 01:25 |
| 400M FREESTYLE WOMEN 11-12 | 8 | 1 | 2 | no time | no time | 16:05 | |

# Regiocrit. OVL Dag2: Session: 1: Startlist per athlete for TEAM: SOS

## Athlete: HEMELSOEN AARYAN

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 50M BACKSTROKE MEN 11+ | 3 | 10 | 3 | 00:33.13 | 00:35.97 | 14:35 | 00:45 |
| 100M FREESTYLE MEN 11+ | 5 | 11 | 3 | 01:00.65 | 01:01.17 | 15:20 | 01:35 |
| 200M MEDLEY MEN 11+ | 9 | 10 | 5 | 02:42.90 | no time | 16:55 | |

## Athlete: LAGA LORE

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 50M BACKSTROKE WOMEN 11+ | 2 | 7 | 3 | 00:43.29 | no time | 14:20 | 00:35 |
| 100M FREESTYLE WOMEN 11+ | 4 | 11 | 3 | 01:09.20 | 01:11.75 | 14:55 | 02:55 |
| 200M MEDLEY WOMEN 11+ | 10 | 13 | 1 | 02:58.26 | 03:06.83 | 17:50 | |

## Athlete: MORTIER ALIX

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 50M BACKSTROKE WOMEN 11+ | 2 | 9 | 6 | 00:42.03 | no time | 14:20 | 00:35 |
| 100M FREESTYLE WOMEN 11+ | 4 | 10 | 1 | 01:11.34 | 01:13.62 | 14:55 | 02:55 |
| 200M MEDLEY WOMEN 11+ | 10 | 12 | 3 | 02:59.69 | 03:03.49 | 17:50 | |

## Athlete: NG DE GROOTE ZURI

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 200M MEDLEY MIXED 10-9 | 1 | 1 | 1 | no time | no time | 14:00 |

## Athlete: PIETERS FINN

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 100M FREESTYLE MEN 11+ | 5 | 1 | 1 | no time | no time | 15:00 | 00:35 |
| 400M FREESTYLE MEN 11-12 | 7 | 1 | 3 | no time | no time | 15:35 | |

## Athlete: PIETERS MAURO

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 100M FREESTYLE MEN 11+ | 5 | 3 | 3 | 01:21.65 | 01:24.77 | 15:05 | 00:45 |
| 400M FREESTYLE MEN 11-12 | 7 | 3 | 3 | 06:21.65 | 06:41.63 | 15:50 | |

## Athlete: RUYFFELAERT JUNO

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime | |
|---|---|---|---|---|---|---|---|
| 100M FREESTYLE MEN 11+ | 5 | 3 | 1 | 01:26.89 | no time | 15:05 | 00:30 |
| 400M FREESTYLE MEN 11-12 | 7 | 1 | 4 | no time | no time | 15:35 | |

## Athlete: TEAM SOS 1

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 4x50M FREESTYLE WOMEN 11+ | 6 | 2 | 3 | | | 15:25 |

| | | | | | | |
|---|---|---|---|---|---|---|
| 4x50M FREESTYLE MEN 11+ | 11 | 1 | 6 | | | 18:10 |

## Athlete: VAN BUGGENHOUT AMBER

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 50M BACKSTROKE WOMEN 11+ | 2 | 8 | 5 | 00:42.69 | 00:42.74 | 14:20 00:30 |
| 100M FREESTYLE WOMEN 11+ | 4 | 7 | 1 | 01:15.98 | 01:19.02 | 14:50 03:00 |
| 200M MEDLEY WOMEN 11+ | 10 | 12 | 5 | 03:00.30 | 03:11.45 | 17:50 |

## Athlete: VAN BUGGENHOUT MARIT

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 200M MEDLEY MIXED 10-9 | 1 | 2 | 2 | no time | no time | 14:05 |

## Athlete: VAN IMPE LEON

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 100M FREESTYLE MEN 11+ | 5 | 2 | 2 | 01:34.12 | no time | 15:05 00:30 |
| 400M FREESTYLE MEN 11-12 | 7 | 1 | 2 | no time | no time | 15:35 |

## Athlete: VANDENBUSSCHE LENA

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 50M BACKSTROKE WOMEN 11+ | 2 | 7 | 2 | 00:44.17 | no time | 14:20 00:25 |
| 100M FREESTYLE WOMEN 11+ | 4 | 6 | 2 | 01:16.93 | 01:18.17 | 14:45 02:55 |
| 200M MEDLEY WOMEN 11+ | 10 | 10 | 4 | 03:08.99 | 03:20.64 | 17:40 |

## Athlete: VANMEIRHAEGHE KASPER

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 50M BACKSTROKE MEN 11+ | 3 | 9 | 1 | 00:37.05 | no time | 14:35 00:40 |
| 100M FREESTYLE MEN 11+ | 5 | 10 | 3 | 01:03.10 | 01:05.24 | 15:15 01:40 |
| 200M MEDLEY MEN 11+ | 9 | 10 | 1 | 02:44.08 | 02:49.45 | 16:55 |

## Athlete: VERSCHELDE THIJS

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 50M BACKSTROKE MEN 11+ | 3 | 8 | 5 | 00:37.43 | 00:40.70 | 14:35 00:40 |
| 100M FREESTYLE MEN 11+ | 5 | 9 | 5 | 01:06.37 | 01:08.17 | 15:15 01:35 |
| 200M MEDLEY MEN 11+ | 9 | 9 | 6 | 02:48.87 | 02:58.71 | 16:50 |

## Athlete: WILLAERT HELENA

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 200M MEDLEY MIXED 10-9 | 1 | 1 | 3 | no time | no time | 14:00 |

## Athlete: WILLAERT NAOMI

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 50M BACKSTROKE WOMEN 11+ | 2 | 10 | 6 | 00:40.26 | no time | 14:20 |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 100M FREESTYLE WOMEN 11+ | 4 | 9 | 5 | 01:12.08 | 01:13.64 | 14:50 | 03:00 |
| 200M MEDLEY WOMEN 11+ | 10 | 12 | 4 | 03:00.00 | 03:15.62 | 17:50 | |

**Athlete: WYTINCK NORA**

| Style | Event | Heat | Lane | PB 25m pool | PB 50m pool | Starttime |
|---|---|---|---|---|---|---|
| 200M MEDLEY MIXED 10-9 | 1 | 3 | 6 | no time | no time | 14:10 |